# From Long to Short:

# **How Interest Rates Shape Life Insurance Markets**

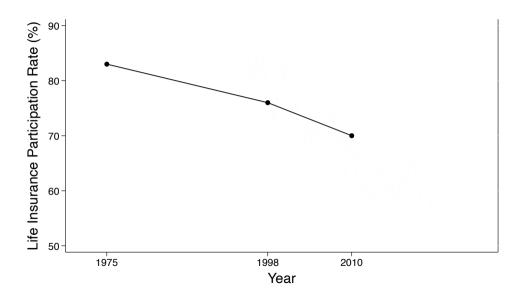
Ziang Li

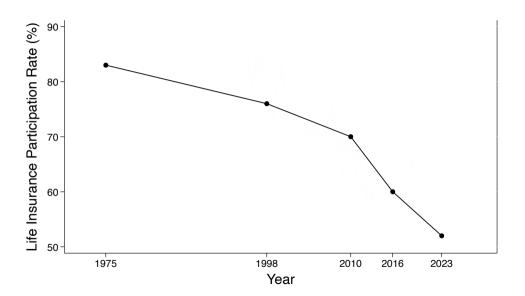
**Derek Wenning** 

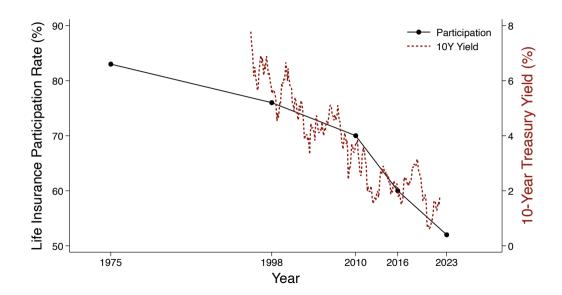
Imperial College

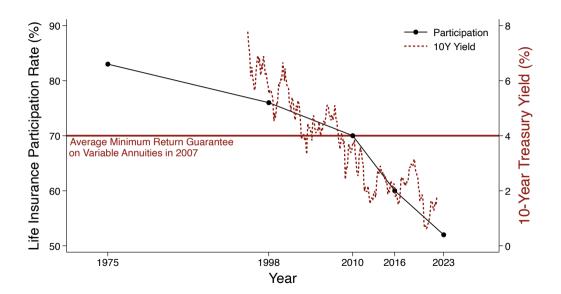
Indiana Kelley

October 2, 2025 HEC Paris

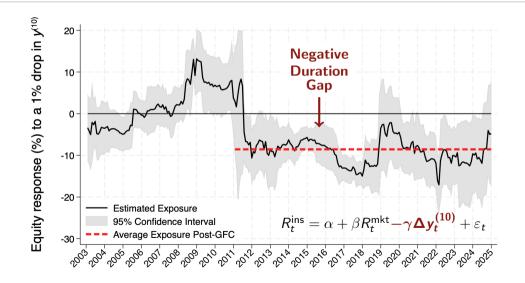








# In-the-Money Guarantees $\rightarrow$ Elevated Interest Rate Risk Exposure



# How can life insurers address duration mismatch?

#### • Interest rate swaps

- Idea: swap duration with other institutions that would like to sell it
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- <u>Idea</u>: rebalance assets to <u>lengthen asset duration</u> to match liability duration
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# • This paper: liability rebalancing

- Idea: shorten liability duration to match asset duration

#### Main Results: Theoretical + Empirical

- Build a tractable model of insurance product markets
  - Key ingredient: life insurer risk aversion  $\implies$  duration matching motive
  - Interest rate risk exposure  $\uparrow \implies$  product market distortions  $\uparrow$
- Take the model to the data using statutory filings + monthly pricing data
  - Contrast VA issuers (exposed) with non-VA issuers (non-exposed)
  - Focus on the post-GFC period when duration mismatch is highest
- Document several novel findings consistent with our theory
  - 1. **Duration gaps** turned negative post-2010, especially for exposed insurers
  - 2. Prices increase more for long-term products and exposed insurers
  - 3. Quantities (issuance) shift to favor short-term products  $\rightarrow$  liability rebalancing
  - 4. Aggregate life insurance (issuance + in force) shrinks relative to GDP

#### Literature

• Insurers face interest rate risk, imperfectly hedge using assets and derivatives.

Berends et al., 2013 – Hartley et al., 2016 – Ozdagli & Wang, 2019 – Koijen & Yogo, 2021, 2022 – Huber, 2022 – Ellul et. al, 2022 – Sen, 2023 – Barbu & Sen, 2024 – Kirti & Singh, 2024 – Li, 2024 **This paper: Insurers also rebalance their liabilities to hedge their duration mismatch** 

Insurers' financial health affects their product characteristics.

Gron, 1994 – Froot, 2001 – Zanjani, 2002 – Koijen & Yogo, 2015 – Ge, 2022 – Ellul et al., 2022 – Knox & Sorensen, 2024 – Barbu, 2023 – Barbu et al., 2024 – Damast et al., 2025 – Ellis et al., 2025 This paper: Insurers distort prices on the maturity margin when exposed to interest rate risk

• (The decline in) life insurance participation is largely demand driven.

Koijen et al., 2016 – Hartley et al., 2017 – Rampini & Vishwanathan, 2022 – Briggs et al., 2023

<u>This paper:</u> Insurers offer less accessible coverage due to interest rate risk, reducing participation

# Theory

# **Broad Layout of the Model**

- Set of insurers (j) that sell products  $(i \in \{s, \ell\})$  over time  $(t \in \mathbb{N})$ 
  - Note: paper generalizes to any number of insurers and products

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- Insurer j's (Legacy) Balance Sheets:  $K_{jt} = A_{jt} L_{jt}$ 
  - Asset returns:  $R_{it+1}^A = \overline{R}_{it+1}^A \mathbf{D}_{it}^A \Delta R_{t+1}$
  - Liability returns:  $R_{jt+1}^L = \overline{R}_{jt+1}^L D_{jt}^L \Delta R_{t+1}$

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  - Liability returns:  $R_{it+1}^L = \overline{R}_{it+1}^L D_{it}^L \Delta R_{t+1}$
- Capital growth rate without new policy issuance

$$\widetilde{R}_{jt+1}^{K} = \frac{R_{jt+1}^{A} A_{jt} - R_{jt+1}^{L} L_{jt}}{K_{jt}} = \text{constant} - \underbrace{\left(\frac{\textbf{\textit{D}}_{jt}^{A} A_{jt} - \textbf{\textit{D}}_{jt}^{L} L_{jt}}{K_{jt}}\right)}_{\textbf{Duration Gap } D_{it}^{K}} \Delta R_{t+1}$$

#### **New Product Issuance**

- ullet Insurers to their capital by issuing new policies premiums  $P_{ijt}Q_{ijt}$ , reserves  $V_{it}Q_{ijt}$ 
  - Premium revenues invested at return  $R_{it}^A$
  - Reserves grow according to  $R_{it+1} = \overline{R}_{it+1} D_{it} \Delta R_{t+1}$
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- Capital growth rate with new policy issuance

$$R_{jt+1}^{\mathcal{K}} = \widetilde{R}_{jt+1}^{\mathcal{K}} + \frac{\sum_{i} (R_{jt+1}^{\mathcal{A}} P_{ijt} Q_{ijt} - R_{it+1} V_{it} Q_{ijt})}{\mathcal{K}_{jt}}$$

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$$R_{jt+1}^{K} = \widetilde{R}_{jt+1}^{K} + rac{\sum_{i} (R_{jt+1}^{A} P_{ijt} Q_{ijt} - R_{it+1} V_{it} Q_{ijt})}{K_{jt}}$$

• Contribution of a new policy to the insurer's **interest rate risk exposure**:

$$R_{jt+1}^A P_{ijt} Q_{ijt} - R_{it+1} V_{it} Q_{ijt} = \operatorname{constant} - (D_{jt}^A P_{ijt} - D_{jt} V_{it}) Q_{ijt} \Delta R_{t+1}$$

- Issuing policy i adds **negative duration** to the insurer if  $D_{it} \gg D_{jt}^{A}$ 

# Insurers' Objectives: Profits + Risk Management

$$\max_{\{P_{ijt}\}} \quad \underbrace{\sum_{i} (P_{ijt} - V_{ijt}) Q_{ijt}(P_{ijt})}_{\text{new capital from issuance}} + \underbrace{\mathbf{E}_{t} \left[ \mathbf{A}_{j} \left( \mathbf{R}_{jt+1}^{K} - \mathbf{E}_{t} \left[ \mathbf{R}_{jt+1}^{K} \right] \right) \right]}_{\text{expected value of risk management}}$$

ullet Risk management function  $oldsymbol{\Lambda}_{oldsymbol{j}}(\cdot)$  is decreasing and concave

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$$\max_{\{P_{ijt}\}} \sum_{i} (P_{ijt} - V_{ijt}) Q_{ijt}(P_{ijt}) + \underbrace{\mathbf{E}_{t} \left[ \mathbf{\Lambda}_{j} \left( \mathbf{R}_{jt+1}^{K} - \mathbf{E}_{t} \left[ \mathbf{R}_{jt+1}^{K} \right] \right) \right]}_{\text{expected value of risk management}}$$

- Risk management function  $\Lambda_i(\cdot)$  is decreasing and concave
- Example (mean-variance utility): if  $\Lambda_j(x) \propto x^2$ , risk management motive  $\propto \mathsf{Var}_t(R_{jt+1}^K)$
- ullet The general form of  $\Lambda_j(\cdot)$  can capture other risk management motives (e.g., VaR, RBC)

# Risk Management Motives Affects Optimal Price Setting

• Optimal markup over reserve value can be (approximately) written

$$\log \frac{P_{ijt}}{V_{it}} \approx \underbrace{\log \mu_{it}}_{\text{product-specific markup}} + \underbrace{\overline{\lambda}'_{jt} \sigma_{t+1}^2 \underbrace{D_{jt}^K (D_{it} - D_{jt}^A)}_{\text{risk management markup/discount}} \equiv \mathcal{M}_{ijt}$$

#### Intuition:

If  $D_{it}^{K} = 0$ , no need for risk management

If  $D_{it}^{K} < 0$ , mark up long duration policies, discount short duration policies

Liability Rebalancing: 
$$D_{jt}^{K} \downarrow \implies Q_{sjt} \uparrow, Q_{\ell jt} \downarrow \implies \frac{Q_{sjt}}{Q_{sjt} + Q_{\ell jt}} \uparrow$$

# Insurance Supply Shifts more for Insurers with more Convexity

- Convexity of capital:  $\gamma_{it}^K = -\partial D_{it+1}^K / \partial R_{t+1} < 0$
- Consider two otherwise identical insurers, j and j', where j' has more convex capital

$$|\gamma_{jt}^K| < |\gamma_{j't}^K|$$

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$$|\gamma_{jt}^K| < |\gamma_{j't}^K|$$

• Initially,  $D_{it}^K = D_{i't}^K \leq 0$ . Following declines in  $R_{t+1}$ ,

$$R_{t+1}\downarrow \implies D_{jt+1}^{\mathcal{K}}\downarrow, D_{j't+1}^{\mathcal{K}}\downarrow\downarrow \implies rac{Q_{sjt+1}}{Q_{sjt+1}+Q_{\ell jt+1}}\uparrow, rac{Q_{sj't+1}}{Q_{sj't+1}+Q_{\ell j't+1}}\uparrow\uparrow$$

Role of Capital Convexity: Liability rebalancing is stronger for more convex insurers

# **Broad Changes in Net Duration Can Expand or Contract Product Markets**

• With logit demand, (new customer) participation rate for product i is

$$\mathcal{P}_{it} = \frac{\sum_{j} \alpha_{jt} \mu_{jt}^{1-\varepsilon_{it}} \mathcal{M}_{ijt}^{1-\varepsilon_{it}}}{\alpha_{it}^{0} + \sum_{j} \alpha_{jt} \mu_{jt}^{1-\varepsilon_{it}} \mathcal{M}_{ijt}^{1-\varepsilon_{it}}}$$

# Impact on Market-wide Participation:

If  $D_{jt}^K \downarrow$  (weakly) for all insurers, participation rate  $\mathcal{P}_{st}^0 \uparrow$  and  $\mathcal{P}_{\ell t}^0 \downarrow$  (*Total* participation depends on relative market sizes, distribution costs, etc.)

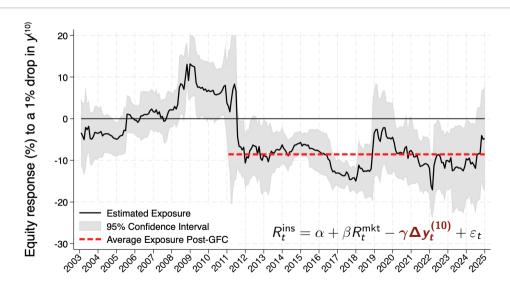
# Empirical Analysis

#### **Data Sources**

- **Statutory Filings** regulatory reports filed annually
  - Products: insurance/policies issued and in force, gross reserves, commissions
  - Balance Sheet: assets, liabilities, leverage
  - Asset/Liability duration: bond-level holdings + Huber (2022) liability duration estimates
- **Compulife** agent software with life insurance quotes
  - 10, 15, 20, and 30-year term life prices
  - $\sim$  39 insurers per month
- CRSP market monthly stock returns for life insurers
- Exposed Insurers: top 10% of (relative) variable annuity liabilities pre-GFC
  - Relatively large (assets \$95B vs. \$8.3B) and levered (19.62 vs. 6.56)
  - Similar market shares across products (43% vs. 54%)

Summary Statistics 13/27

# Life Insurers Had Negative Net Duration After the GFC



# **Duration Gaps were Exacerbated Only for Exposed Insurers**

#### Duration Gap

Duration Gap = 
$$D_{jt}^A$$
 + LevRatio<sub>jt</sub> $(D_{jt}^A - D_{jt}^L)$ 

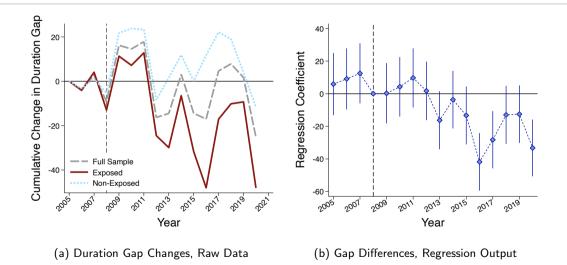
- $D_{it}^{A}$ : asset duration, approximated by corporate bond duration
- $D_{it}^L$ : liability duration, taken from Huber (2022)
- LevRatio<sub>it</sub>: Liabilities / Surplus Capital

#### Regression Analysis

$$D_{jt}^{K} = \sum_{\tau=2005}^{2020} \beta_{\tau} \mathbf{1}\{t=\tau\} \times \mathsf{Exposed}_{j} + \delta_{j} + \delta_{t} + \varepsilon_{jt}$$

Reaching for Duration 15/27

# **Duration Gaps were Exacerbated Only for Exposed Insurers**



Decomposition of ΔDuration Gap

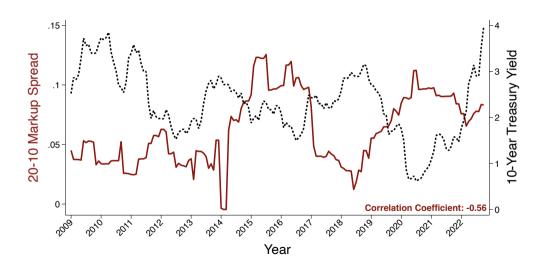
# **How Does Duration Mismatch Affect Product Pricing?**

• Our theory admits the following approximation for the long-short markup spread

$$\mathbb{E}_{\mathsf{Ex}} \Bigg[ \log \frac{P_{\ell jt} / V_{\ell t}}{P_{sjt} / V_{st}} \Bigg] - \mathbb{E}_{\mathsf{NonEx}} \Bigg[ \log \frac{P_{\ell jt} / V_{\ell t}}{P_{sjt} / V_{st}} \Bigg] \\ \approx \ \sigma_{t+1}^2 \times \underbrace{\left( \mathbb{E}_{\mathsf{Ex}} \Big[ \bar{\lambda}_{jt}' D_{jt}'^{\mathsf{K}} \Big] - \mathbb{E}_{\mathsf{NonEx}} \Big[ \bar{\lambda}_{jt}' D_{jt}^{\mathsf{K}} \Big] \right)}_{\geq 0, \text{ increases when interest rates fall}} \times \underbrace{\left( D_{\ell t} - D_{st} \right)}_{>0}$$

- Idea: Exposed insurer duration gaps ↑ relative to non-exposed when yields ↓
  - ightarrow **Relative maturity spreads** should <u>widen</u> when yields  $\downarrow$
  - (Note: Double differencing nets out firm-specific components, e.g. RBC treatments)

# Relative Maturity Spreads Negatively Correlate with Long Rates



Adjust for Volatility

18/27

#### **Empirical Specification**

ullet Three Margins of Comparison o

	Data	Treatment	VS.	Control	
$\rightarrow$	Insurers	VA issuers	VS.	Non-VA issuers	
	Products	Long term	VS.	Short term	
	$y_t^{(10)}$	Low	VS.	High	

#### Triple Interaction

$$\log \mathsf{Price}_{ijt} = \beta \times y_t^{(10)} \times \mathsf{Exposed}_j \times \mathsf{Long}_i + \delta_{jt} + \delta_{it} + \delta_{ij} + \varepsilon_{ijt}$$

- $\beta$  < 0: exposed insurers mark up long products when rates are low
- $\delta_{jt}$  absorbs the impacts of insurer characteristics (e.g., size, leverage) on product supply
- $\delta_{it}$  absorbs the time-varying demand for a specific insurer i
- $\delta_{ij}$  absorbs heterogeneous insurer productivity across products

# Long-Short Spreads Move more for Exposed Insurers

$$\log \mathsf{Price}_{ijt} = \beta \times y_t^{(10)} \times \mathsf{Exposed}_j \times \mathsf{Long}_i + \delta_{jt} + \delta_{it} + \delta_{ij} + \varepsilon_{ijt}$$

(Long, Short) Category:	(15,10)	(20,15)	(20,10)
$y_t^{(10)} \times Exposed_j \times Long_i$	-0.006*** (0.002)		-0.023*** (0.003)
	` ,	, ,	, ,

Insurer × Month FE	✓	<b>√</b>	<b>√</b>
$Insurer  \times  Product   FE$	$\checkmark$	$\checkmark$	$\checkmark$
$Month \times Product \; FE$	$\checkmark$	$\checkmark$	$\checkmark$
Observations	8956	8956	8956
Within- $R^2$	0.001	0.023	0.020

# Long-Short Spreads Move more for Exposed Insurers

 $\log \mathsf{Price}_{ijt} = \beta \times \mathsf{MPU}_t \times \mathsf{Exposed}_j \times \mathsf{Long}_i + \delta_{jt} + \delta_{it} + \delta_{ij} + \varepsilon_{ijt}$ 

(Long, Short) Category:	(15,10)	(20,15)	(20,10)	(15,10)	(20,15)	(20,10)
$y_t^{(10)} \times Exposed_j \times Long_i$	-0.006***	-0.018***	-0.023***			
	(0.002)	(0.002)	(0.003)			
$MPU_t \times Exposed_j \times Long_i$				0.007***	0.013***	0.020***
				(0.002)	(0.002)	(0.003)
Insurer × Month FE	✓	✓	✓	✓	✓	✓
$Insurer \times Product \; FE$	✓	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
$Month \times Product \; FE$	$\checkmark$	$\checkmark$	✓	$\checkmark$	$\checkmark$	$\checkmark$
Observations	8956	8956	8956	8956	8956	8956
Within- $R^2$	0.001	0.023	0.020	0.002	0.014	0.017

► Control for Size

# **How Do Pricing Distortions Affect Quantities?**

- Ordinary Life: long term (term or whole life), accessible through agents
  - Interest sensitive due to whole life guarantees, surrender/lapsation risk
- Group Life: yearly renewable, accessible through employers
  - No dynamic component → little to no duration

Reserve Values 21/27

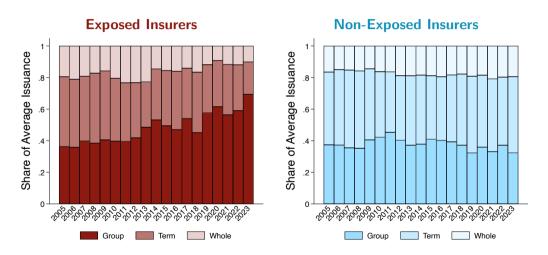
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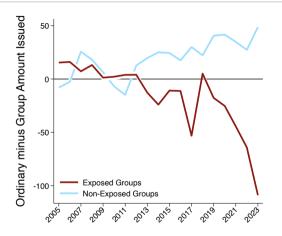
**Theory:** Exposed insurer duration gaps  $\uparrow \implies Q_{it}^{\text{group}} \uparrow$  and  $Q_{it}^{\text{ordinary}} \downarrow$ 

Reserve Values 21/27

#### **Exposed Insurers Transition to Short Term Group Policies**



## **Exposed Insurers Transition to Short Term Group Policies**

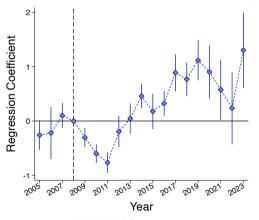


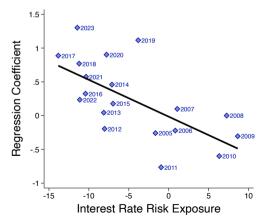
**Ordinary Issuance** - **Group Issuance** 

► Excluding MetLife 23/27

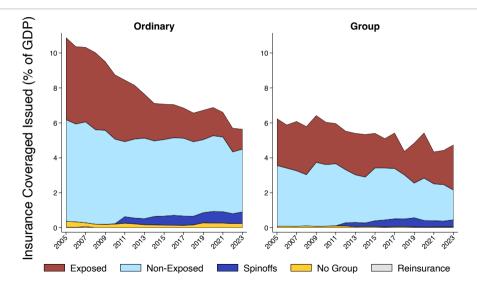
#### Exposed Insurers Transition to Group Policies - Poisson Regression

$$\log \mathbb{E}[\mathsf{Issuance}_{ijt}] = \sum_{\tau=2005}^{2023} \beta_{\tau} \mathbf{1} \{\tau = t\} \times \mathsf{Exposed}_{j} \times \mathsf{Group}_{i} + \delta_{ij} + \delta_{jt} + \delta_{it} + \varepsilon_{ijt}$$

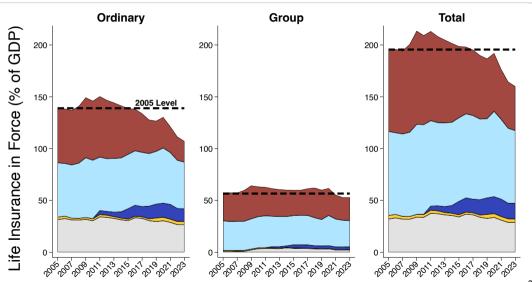




#### Exposed Insurers were Responsible for the Aggregate Decline in Issuance



#### As a Result, The Life Insurance Market Has Shrunk



# Conclusion

#### Interest Rate Risk Matters for Product Markets

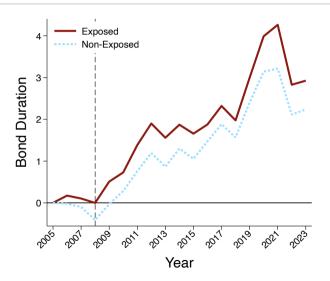
- Today Large swings in product issuance and distortions due to interest rate risk
  - Risk management by financial institutions has major impacts on product markets
  - Large consequences for products with different maturities!
- **Future Work** Structural Estimation + Counterfactuals
  - 1. Decompose the market trend into demand and supply forces
  - 2. Quantity the welfare implications for households
  - 3. How would the market look today if duration gaps never opened up?

# Appendix

# **Summary Statistics for Statutory Filings Data**

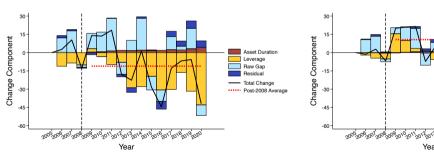
	Exposed	Insurers	Non-Exposed Insurers		
	2005-2008	2009-2023	2005-2008	2009-2023	
Number of Groups					
Full Sample	26	25	239	198	
Compulife Sample	12	15	39	43	
Assets	94.68	100.30	8.31	14.57	
Surplus	5.09	5.39	0.67	1.25	
Leverage Ratio	19.62	19.17	6.56	8.97	
Leverage Ratio (Weighted)	20.13	21.15	17.94	16.26	
VA Liability Share	0.57	0.50	0.01	0.01	
IS Reserve Share	0.67	0.65	0.24	0.25	
Issuance Market Share					
Ordinary	0.43	0.29	0.54	0.61	
Group	0.45	0.42	0.54	0.51	
In Force Market Share					
Ordinary	0.38	0.29	0.37	0.39	
Group	0.48	0.44	0.49	0.47	

#### **Exposed Insurers Reach for Duration More After the GFC**

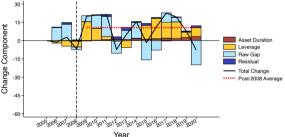


#### **Duration Gap Decomposition**

$$\Delta D_{jt}^{K} = \Delta D_{jt}^{A} + \Delta \left[ \mathsf{Lev}_{jt} \times G_{jt} \right] = \underbrace{\Delta D_{jt}^{A}}_{\mathsf{Asset}} + \underbrace{\Delta \mathsf{Lev}_{jt} \times G_{jt}}_{\mathsf{Leverage}} + \underbrace{\mathsf{Lev}_{jt} \times \Delta G_{jt}}_{\mathsf{Duration}} + \underbrace{\Delta \mathsf{Lev}_{jt} \times \Delta G_{jt}}_{\mathsf{Residual}}$$



(a) Exposed Insurers

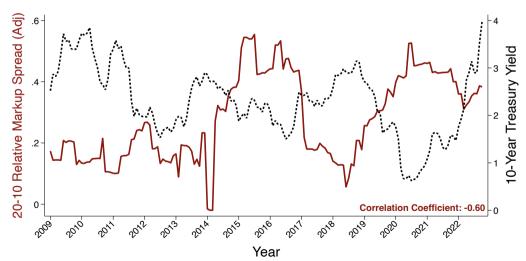


(b) Non-Exposed Insurers

# Long-Short Spreads Move more for Exposed Insurers

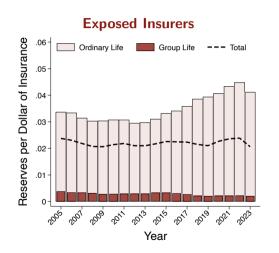
(Long, Short) Category:	(15,10)	(20,15)	(20,10)	(15,10)	(20,15)	(20,10)
$y_t^{(10)} \times Exposed_i \times Long_i$	-0.004*	-0.015***	-0.019***			
,	(0.002)	(0.002)	(0.003)			
$y_t^{(10)} \times Assets_{jt} \times Long_i$	-0.005***	-0.006***	-0.011***			
	(0.001)	(0.001)	(0.002)			
$MPU_t  imes Exposed_j  imes Long_i$				0.008***	0.012***	0.020***
				(0.002)	(0.002)	(0.003)
$MPU_t  imes Assets_{jt}  imes Long_i$				0.004***	-0.003***	0.001
				(0.001)	(0.001)	(0.001)
Insurer $ imes$ Month FE	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
$Insurer  imes Product \; FE$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
$Month \times Product \; FE$	✓	✓	✓	✓	✓	✓
Observations	8956	8956	8956	8956	8956	8956
Within- <i>R</i> <sup>2</sup>	0.009	0.044	0.052	0.011	0.023	0.017

## Relative Markups Negatively Correlate with Long Rates (Adjusted)

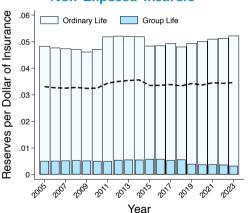


▶ Back 5/14

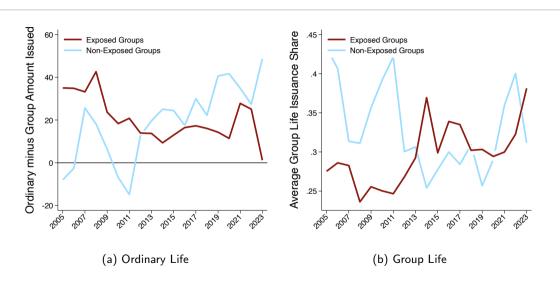
## Ordinary life reserves are larger and more interest sensitive than Group



#### **Non-Exposed Insurers**



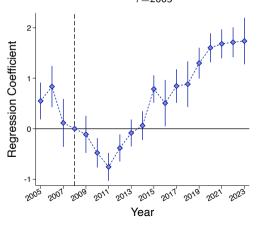
#### Results Without MetLife

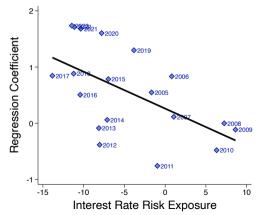


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#### Poisson Regression: Number of Policies

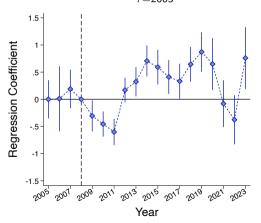
$$\log \mathbb{E}[\# \mathsf{Policies}_{ijt}] = \sum_{\tau = 2005}^{2023} \beta_{\tau} \mathbf{1}\{\tau = t\} \times \mathsf{Exposed}_{j} \times \mathsf{Group}_{i} + \delta_{ij} + \delta_{jt} + \delta_{it} + \varepsilon_{ijt}$$

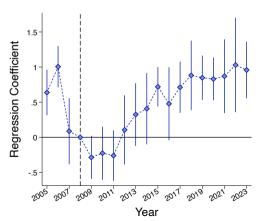




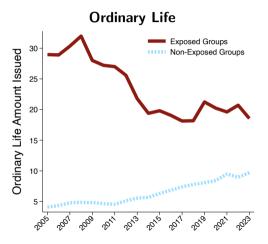
#### Poisson Regression: Excluding MetLife

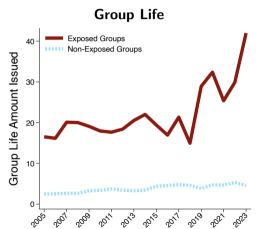
$$\log \mathbb{E}[\# \mathsf{Policies}_{ijt}] = \sum_{\tau = 2005}^{2023} \beta_{\tau} \mathbf{1}\{\tau = t\} \times \mathsf{Exposed}_{j} \times \mathsf{Group}_{i} + \delta_{ij} + \delta_{jt} + \delta_{it} + \varepsilon_{ijt}$$





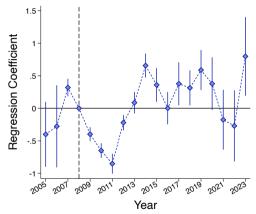
# Average Ordinary Issuance Declined (Group Increased) For Exposed Groups

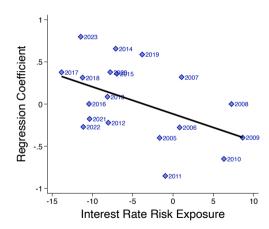




#### Exposed Insurers Transition to Group Policies - Poisson Regression

Control for  $\mathbf{1}\{\tau=t\} \times \mathsf{Assets}_{it} \times \mathsf{Group}_i$ 

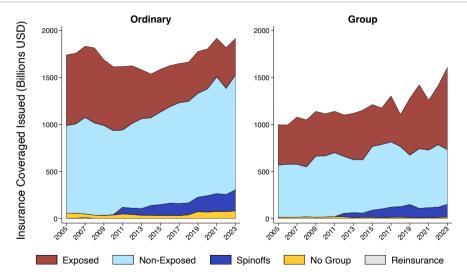




(a) Regression results over time

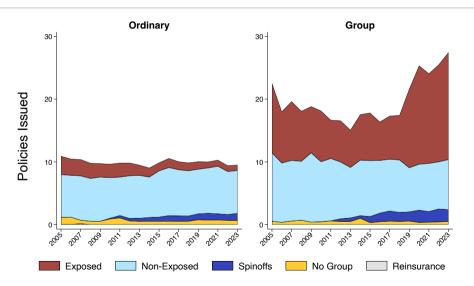
(b) Regression results vs Risk Exposures

#### Nominal Ordinary Issuance Steady While Group Life Increases



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#### Policy Issuance Followed the Same Trends as Amounts



#### Commissions Followed the Same Trends as Issuance

